

THE LAMPLIGHT

Published by the Ohio Association of Family & Consumer Sciences

An Affiliate of the American Association of Family & Consumer Sciences
Dedicated to improving quality of life for individuals and families since 1909

March, 2011

MESSAGE FROM THE PRESIDENT

Spring is just around the corner, and with it comes our annual OAFCS Conference! Are you planning to be there? Check out the agenda in this newsletter and make plans to be there! The hotel is beautiful, the food will be delicious, the speakers and program will be fabulous.



We all owe a great deal of thanks to our Vice President for Program, Vandita Prasad and the conference committee. If you haven't registered yet, please send it in today. April 1 and 2 will be here before you know it!

I don't know about you, but for me, it has been a difficult winter. The weather has been harsh, my workload seems unbelievably heavy, my personal life has become even more complicated, and almost every day I have learned of yet another FCS program in yet another school district shutting down. It is disheartening news, both for those who are currently teaching, and for the next generation of FCS teachers who are still in college and student teaching.

Let us not give up hope. We know we are needed in every community in Ohio. We know today's students need the knowledge and skills set that our Ohio FCS teachers can equip them with. We know we have an important message. We know our body of knowledge holds the key to solving many of society's problems: Obesity, Teen Pregnancy, Child Abuse, Personal Financial Difficulties, Poverty. The problem we have is the decision makers don't know the impact of our programs on the family and the community. As FCS professionals, whether we are in the classroom or not, need to alert our local school officials about the value of FCS programs in our schools. If the programs in our own communities are at risk, we can advocate for them.

We can find some of the tools we need for advocacy on the AAFCS website at <http://aafcs.org/Resources/secondaryedsupport.asp>. Review the toolkit today and GET BUSY!!!

Best Wishes,
Ginny Draa, President

Senate Bill 5



I do not know how many of you know what has happened this week in regards to Senate Bill 5, but to catch you up it passed by 1 vote. There is still time to stop the bill in its current written form as it will be voted on next week in the Ohio House.

Start calling your Ohio HOUSE reps and let them know you are opposed to SB 5. It is very important to communicate with reps before next Tuesday. Call this number: [1-888-218-5931](tel:1-888-218-5931) and put in your zip code. Please call and e-mail daily until they vote. There was bipartisan opposition in the Senate so we need everyone to unite together behind the only bipartisan message on this issue: NO on SB 5.

Scholarship Winners

Three students have been selected as recipients of the OAFCS scholarship. The winners are:

- Jill Pettibone—Ohio State University
- Catherine Sustersic—Ohio University
- Emily Meents—Ohio State University



District B Meeting- April 13: 4:30 – 8 PM

Playhouse Square at Bricco
1438 Euclid Ave
Cleveland OH 44115

4:30 pm	Registration
5:00-6:00	“District of Design” Professor Edward Hill
6:00-7:00	Dinner: Bricco’s Signature Pizza, Salad, and Beverage of your choice (Alcoholic beverages not included)
7:00-8:00	OAFCS District B Business Meeting
8:00pm	Adjourn

*Space is limited to 20 people ... Register today. Deadline: April 8

REGISTRATION FORM ON LINE AT OAFCS.org under District Information



District C Meeting – March 15: 4 - 8 PM

We will meet at the Wildwood Golf Club at 601 Aberdine Dr. in Middletown OH 45042

4 - 4:30 Registration and Gathering

4:30 – Speaker: Chuck Wild man

Chuck will share a 60-minute presentation- "America’s Pork, New Look of Pork”

- Why health and fitness magazines are calling pork a must have, new super food.
- How the quality of today's pork has made U.S. producers the worlds largest pork exporter.
- How modern pork production practices have met consumers demand for lean, nutritious and affordable food.

6:00- Phil Myers, Goat Producer/ Former Ag/ Nat Resource Educator

Phil will be speaking about meat goats. There will be goat meat tasting as well.

Cost \$20.00

Rita Hollenbacher, District C - President

Come to the NHFM Cultural Connections at AAFCS Conference

As you register to go to Phoenix (Shelton's Wild Horse Pass Resort and Spa) on June 23-25, sign up for the Nutrition, Health, and Food Management Community (NHFM) Cultural Connections: Meeting at the Pass DINNER at a luncheon price (well just a bit more; usually a dinner at the 5-star Kai restaurant costs far more).

The executive chef, Michael O'Dowd will be speaking about Native American food and we will be eating highlights from the menu. We will also enjoy a hands-on activity making our own appetizers (chermaith flatbread and stuffings). At the

dinner we will enjoy cultural information from speakers of various cultures rotating to each table and speaking about how to best connect! We just did the cultures in the round at SCAFCS this week and it was FABULOUS!

Please be sure to pass this on to your friends and other community associates before they go online to register. This is an event NOT to be missed.

If you know of an attendee who would be a valid presenter of a specific culture, please let me know as soon as possible. I will need several cultural speakers and want to have a good representation from around the globe. Some of you community leaders will find your communities connected through this event. Our speakers at the SCAFCS rounds addressed textiles, families, nutrition, etiquette, etc. in their presentations and handouts. Let's work together and bake bread together, too! Meet you at the Pass!

Anna Sumabat Turner, M.Ed., CFCS-HNFS
AAFCS Vice-Chairman Annual Conference Committee

“TIDBITS” from Jenny Schroeder

“New Century for Ohio Family and Consumer Sciences, Shaping the Future for Individuals, Families and Communities”

Ohio Association of Family & Consumer Sciences DVD, produced by Phi U and WOSU, can be accessed:

<http://www.wosu.org/collabortive/>

You will see a box that says “Latest Episodes.” Use the DOWN arrow on the bottom right of the box to scroll down until you see “Columbus Collaborative/Family and Consumer Sciences: episode”. Click on the picture from the show to play.

Using the phone system at OSU in Campbell Hall

There may be some confusion in regards to using the phones. The OAFCS Board voted to use the OAFCS website and emails as replacement for discontinuing the OHEA phone system in Campbell Hall on May 31, 1999, saving \$500-\$600 per year.

World Home Economics Day is March 21, 2011

Remember also that 2011 is the International Year of Youth: Dialogue and Mutual Understanding. As such, IFHE is supporting the UN in focusing on measures that:

- Strengthen national capacities in the field of youth
- Increase the quality and quantity of opportunities available to young people for full, effective and constructive participation in society
- Promote actions at all levels aimed at disseminating among young people the ideals of peace, freedom, progress, solidarity and dedication to the objectives and goals of progress and development, including the Millennium Development Goals.



IFHE World Congress 2012

16 - 21 July 2012: Melbourne - Australia The Theme will be "Global Wellbeing". For more information go

<http://ifhe2012.org/>

AAFCS RESOLUTION

Obesity Prevention/Healthy Weight Initiative Resolution

WHEREAS, in 2009, no state met the *Healthy People 2010* obesity target of 15 percent of the population; and

WHEREAS, almost one-third of children in the United States are overweight or obese with obese children and adolescents at risk for health problems during their youth and as adults; and

WHEREAS, physicians and nutritionists have voiced their interest in high school students being provided formal nutrition education and sound principles of food preparation; and

WHEREAS, professionals in nutrition science, medicine, and education may have little or no knowledge of the current courses and capacity of Family and Consumer Sciences (FCS) for addressing the obesity crisis in our nation; and

WHEREAS, the general public and public policy makers may not understand the far reaching effects of not requiring all students to develop the nutrition, food purchasing, and food preparation knowledge, skills, and family practices (such as sit-down meals) to achieve and maintain healthy weight throughout their lifetime; and

WHEREAS, creative partnerships between FCS, historically known as home economics, professionals and the medical community could open doors for imparting valuable information regarding the secondary FCS curriculum, thereby obtaining additional advocates for high school food and nutrition programs; therefore be it

RESOLVED that AAFCS and state affiliates collaborate with professionals in nutrition science, medicine, and education, along with local, state and national policy makers, and other stakeholders to garner strong support for FCS courses in secondary schools and for Cooperative Extension FCS programs for youth and adults in order to address the obesity crisis; and be it further

RESOLVED that AAFCS facilitate and/or participate in developing a comprehensive national obesity prevention and nutrition education initiative, in partnership with nutrition science, medicine, education professionals, and public policy makers; and be it further

RESOLVED that AAFCS help its affiliates and members implement a national obesity prevention and nutrition education for youth and adults in our public schools and communities.

RATIONALE

AAFCS should adopt this resolution for three major reasons:

1. Throughout our history, AHEA/AAFCS and its members, especially HE/FCS educators, have taken professional and volunteer action to address social, economic, and health issues affecting the well-being of families and their members (Brown, 1984, 1985, 1993; Rader, 1987; Stage & Vincenti, 1997).
2. Other professional groups, e.g., American Medical Association, expect us to take action to address current issues affecting today's families, such as obesity and wellness of families (Lichtenstein & Ludwig, 2010).
3. AAFCS members care about the well-being of individuals and families and have the professional and public policy expertise, connections, and concern to make a positive difference on the healthy weight of youth and adults in U.S.; members need leadership and a focused commitment to collaborate with others in their states and local communities to prevent obesity and help family members to have healthy weights.

IMPACT STATEMENT

AAFCS members include educators at the secondary and university levels who are struggling to maintain their programs within the current economic conditions. Over half of the 2010 AAFCS attendees responding to the annual meeting

evaluation have expertise in Education & Technology and almost 40 percent have expertise in Nutrition, Health, and Food—representing the largest groups of professionals attending the conference.

No major costs would be incurred because this initiative would use the expertise of FCS professionals to develop a comprehensive strategy by utilizing the current staff, professionals, and committees, such as the Annual Conference Committee, to implement the strategy. The benefits to AAFCS would be (1) increased public awareness of FCS programs and professionals, (2) the value FCS programs bring to this healthy weight initiative, and (3) strategies for families to improve the health of their members.

SUGGESTED IMPLEMENTATION STRATEGIES

AAFCS implementation strategies:

1. Form and/or participate in partnerships with other organizations and agencies concerned with the obesity crisis in our country; e.g., American Medical Association, American Dietetics Association, Council on Family Relations, Center for Disease Control, National Extension Association of Family and Consumer Sciences, Health and Human Services, Alliance for a Healthier Generation, and “Let’s Move Initiative”.
2. Convene a planning conference of representatives from these organizations and agencies to develop a comprehensive national obesity prevention educational strategy for states and local communities, including public awareness, formal and non-formal educational, and state and local public policy components.
3. Convene a FCS teacher-education and secondary teacher conference focused on developing and refining middle school and high school FCS curriculum that focuses on developing food purchasing and preparation understandings and skills and eating practices that will enhance healthy weight as well as strengthen families and friendships.
4. Focus an annual meeting and state affiliate meetings on implementing a comprehensive healthy weight/obesity prevention strategy.
5. Create an obesity prevention/healthy weight program/campaign for AAFCS members.
6. Develop resources utilizing up-dated information from the 2005 Annual Conference that could be downloaded by members, such as a “Maintaining Healthy Weight” fact sheet, PowerPoint, and/or pamphlet and bookmarks with healthy eating habits and the physical activity necessary (i.e., steps, and their equivalent, needed) to balance calories and maintain healthy weight over time.
7. Invite Communities of Practice to join the efforts in developing prevention/healthy weight information from their professional perspective.

Implementation Strategies for Individual Members:

1. Attend national, state, and/or electronic meetings to learn most up-to-date healthy weight practices and what individual members can do personally and professionally to address the obesity crisis.
2. Participate in the Association Obesity Prevention/Healthy Weight campaign. Lead by example: make lifestyle, food purchases and preparation, and eating practice changes to achieve and maintain healthy weight for age and height.
3. Teach and advocate healthy weight practices in own families, with friends, with family members, and those with whom we work.

Submitted by the Ohio Association for Family and Consumer Sciences for approval by the AAFCS Senate. Supported by the Nutrition, Health, and Food Management (NHFM) Community.

DRAFT: SUSTAINING FAMILY AND CONSUMER SCIENCES EDUCATION

Resolution Submitted to the American Association of Family and Consumer Sciences

WHEREAS, family and consumer sciences (FCS) is the comprehensive body of research, knowledge and skills that helps people make informed decisions about their well being, relationships, and resources to achieve optimal quality of life; and

WHEREAS, FCS education—with a unique focus on families, work, and their interrelationships—empowers individuals and families across the life span to manage the challenges of living and working in a diverse global society; and

WHEREAS, legislators, parents, and the public need to recognize the term “family and consumer sciences” and connect it with the body of knowledge founded as “home economics” and represented since 1994 by the term “family and consumer sciences;” and

WHEREAS, national, state, and local policy makers, education administrators, and the public need an understanding of the scope of FCS and its direct relevance to serious societal concerns today such as obesity, food safety, financial literacy, the breakdown of the family, and the role of parents in helping their children to be ready to learn in school; and

WHEREAS, federal and state legislation strongly influences allocation of funds for FCS education as well as administrative and curricular structure at all levels; and

WHEREAS, access to FCS education in middle schools and high schools across the nation is increasingly at risk due to severe budget constraints and curricular priorities on math, science, and traditional “academics;” therefore be it

RESOLVED, that AAFCS develop and implement a national campaign to promote uniform name recognition of FCS and greater understanding of the important role of FCS education in preparing students to successfully manage the many and varied challenges of everyday life; and be it further

RESOLVED, that AAFCS develop and implement national, state, and local intervention strategies to sustain FCS education in the current economic and education environment.

RATIONALE

Given the conditions identified above and the current economic and political climate, sustaining student access to FCS education may be impossible without a well-constructed and coordinated plan for building support.

Name recognition and an understanding of the contributions of FCS education to addressing current economic, health, safety and other societal concerns are critical for program recognition and legislative support.

A Woman of Style and Grace: The Life of Kent State Fashion Design and Merchandising Emeritus Professor Marlyn King Jenkins, PhD

By Ingrid Schaefer Sprague

Dr. Marlyn King Jenkins, PhD, a Professor Emeritus of Fashion Design and Merchandising at Kent State University, died February 2 in Greeneville, Tenn at the age of 93. Dr. Jenkins was well known for her style as well as her caring, kind personality by friends, colleagues, and students.

At Kent State, Jenkins taught textiles and clothing for 38 years and was granted the emeritus title when she retired in 1988. She also taught nutrition and cooking. Jenkins was described as a charming woman who always accomplished her goals with grace and class.

Friends of Jenkins described her as the epitome of a lady because of her Southern charm. A close friend of Jenkins, Ingrid Schaefer Sprague, Editorial Director of Image Write Media and 1989 Kent State graduate, said Jenkins made dresses in her spare time, spoke French fluently and traveled around the world — from Las Vegas to the pyramids of Giza. She was also an avid bridge player.

Jenkins' life was challenging during an era when women seldom pursued advanced academic degrees, especially as a single mother. Sprague said that shortly after Jenkins earned a community college degree from Milligan College, in Johnson City, Tenn, in 1940, her husband passed away and Jenkins was left alone to raise her son, William. Sprague said Jenkins realized she had to go back to school to support her son and herself. "My mother sometimes babysat her son while she was in school," Sprague said. "She also got help from her in-laws in Ohio."

Jenkins received her Master's degree from Kent State University, and then earned a Doctorate degree in textiles and clothing from The Ohio State University. She was hired by Kent State in 1950 as an instructor in textiles and clothing and was employed as a university professor in the Home Economics department until 1988. The department is now the School of Fashion Design.

As part of her position, Jenkins participated in the yearly fashion shows by the school and was very proud of the creation of the Kent State University Museum by Shannon Rodgers and Jerry Silverman.

While at Kent State, Sprague said Jenkins attended all the football games she could to cheer on the Flashes. She enjoyed dining at the Schwebel Room in the Student Center and getting coffee at Brady's Coffee Shop on Franklin (now Starbucks). She kept active by walking every day to her class at Nixon Hall. "She really appreciated the youth, culture and vibe of the university," Sprague said.

During the May 4 shootings, most of campus was shut down until fall semester. Sprague said Marlyn was one of the professors who decided to teach from home in Kent. Students and faculty remembered her graciously providing these classes and helping them attain funds they needed to stay in school, according to a posting on Legacy.com.

Sprague said Jenkins was a humble woman. She said she had class, manners, humility and education, but also knew how to smile. "I can remember so many holidays and special occasions that were memorable because of her presence in our lives," said Sprague. "She was a beautiful person — inside and out. She was the best friend and college roommate of my mother, Jean Schaefer. There won't be another like Marlyn Jenkins in my lifetime."

FAMILY AND CONSUMER SCIENCE NOTES

From the Newsletter Editor, Toni Carlton

- The next edition of the newsletter will include a "scrapbook". If you have pictures from last year's AAFCS conference in Cleveland or any meetings from this past year, please forward them to me as an Attachment.
- Please forward F&CS openings and we will post them in the next newsletter.
- Send any information about upcoming events in your area that F&CS professionals might have an interest in attending. Lets not restrict events that are only OAFCS.

CLEVELAND AREA EVENTS

Original Sewing & Quilt Exp, I-X Center, Cleveland, OH, March 14-26' 2011

www.SEWINGEXPO.com

1-800-699-6309

"From Garden to Table" Presented by the Master Gardeners & OSU Extension of Cuyahoga County
Saturday, April 30, 2011, 9:30-3:00, Cuyahoga Valley National Park, Happy Days Lodge-Peninsula, OH
Topics: Deck Gardening, Extending the Season, Small Fruit Gardening, Garden Pests & Diseases, Unusual herbs & Heirloom Veg.

\$32 includes breakfast & lunch

www.cuyahogamg.org

Greater Cleveland Association of F&CS meeting Tuesday, May 3, 2011

“A Full Circle, The Cleveland Woman”, speaker Katherine Kohl

Blue Canyon Restaurant, Twinsburg, OH



[AAFCS 102nd Annual Conference & Expo](#)

Main Conference: June 23 – 25, 2011

Educational Excursions: June 22, 2011

Phoenix, Arizona

Survey of Family Consumer Science/Home Economics International Service/American Peace Corps, 2011

Dear Colleague,

Help us celebrate the 50th anniversary of the American Peace Corps in 2011 by highlighting the contributions of the Family Consumer Sciences/Home Economics to international development! The first step is to identify those from our profession who have served in the Peace Corps...thus this communication to you. A second step is to share this list and keep expanding on it to include others who have worked abroad in the field. And finally the American Association of Family Consumer Sciences “Global Perspectives” community and International Federation for Home Economics-US are sponsoring a special session at the 102nd AAFCS Annual Conference and Expo in Phoenix AZ to highlight the various contributions of our profession to the Peace Corps and other international efforts. The dates for that conference are June 23-25, 2011. So if you, or someone you know has served or is serving in the Peace Corps or in another international capacity, please share the following information:

1. Name, including name when in-service, country of service, years of service, any local languages used.
2. Mailing address, e-mail address, telephone (land line and cell)
3. Your educational background; degrees/institutions/majors
4. Title or assignment in the Peace Corps or other international organization, location of service and a general description of your work.

Comments about the following: Please write a narrative responding to these items, or any one item:

- How is/was family consumer sciences/home economics viewed in that setting, key contributions to development, key successes.
- How were you changed by the experience?
- How has international service influenced your career/professional life/professional aspirations?
- How has international service influenced your personal life, values/goals?
- Most satisfying contributions of your work in-country and/or later as a result of the international experiences,
- Have you returned to your host country/site or continued to interact with folks there? List key interactions.
- How have you contributed to the third goal of the Peace Corps—to educate Americans about the world we live in? Explain.
If you have any written material/websites/blogs about your service, please share them with us.
THANKS!

Lastly, if you know of other RPCV's or people with significant international experience with FCS/HE training; please provide their names and any addresses available to you so that we may contact them....or send this communication to them directly! Send responses and additional comments to:

mandrews@msu.edu or

Mary P. Andrews, 1045 S. Diamond Rd, Mason, MI 48854 USA